

REFERENCES

Hormonal Interventions for Gender Dysphoria in Minors: International Debate

Video 1: Puberty Blockers - A Benign Pause, a Life-Saving Treatment, or a Risky Experiment (Panel Discussion)

1. Kaltiala-Heino R, Bergman H, Työläjärvi M, Frisen L. Gender dysphoria in adolescence: current perspectives. *Adolescent Health, Medicine and Therapeutics*. 2018;Volume 9(9):31-41. doi:<https://doi.org/10.2147/ahmt.s135432>
2. Kozłowska K, Ambler GR, Dechêne S, et al. Evolving national guidelines for the treatment of children and adolescents with gender dysphoria: International perspectives. *Human Systems: Therapy, Culture and Attachments*. Published online November 2, 2024. doi:<https://doi.org/10.1177/26344041241269298>
3. Kaltiala R, Bergman H, Carmichael P, et al. Time trends in referrals to child and adolescent gender identity services: a study in four Nordic countries and in the UK. *Nordic Journal of Psychiatry*. 2019;74(1):40-44. doi:<https://doi.org/10.1080/08039488.2019.1667429>
4. Taylor J, Hall R, Langton T, Fraser L, Hewitt CE. Characteristics of children and adolescents referred to specialist gender services: a systematic review. *Archives of Disease in Childhood*. Published online April 9, 2024. doi:<https://doi.org/10.1136/archdischild-2023-326681>
5. de Vries ALC, Steensma TD, Doreleijers TAH, Cohen-Kettenis PT. Puberty Suppression in Adolescents With Gender Identity Disorder: A Prospective Follow-Up Study. *The Journal of Sexual Medicine*. 2011;8(8):2276-2283. doi:<https://doi.org/10.1111/j.1743-6109.2010.01943.x>
6. de Vries ALC, McGuire JK, Steensma TD, Wagenaar ECF, Doreleijers TAH, Cohen-Kettenis PT. Young Adult Psychological Outcome After Puberty Suppression and Gender Reassignment. *PEDIATRICS*. 2014;134(4):696-704. doi:<https://doi.org/10.1542/peds.2013-2958>
7. Ludvigsson JF, Adolfsson J, Höistad M, Rydelius PA, Krüström B, Landén M. A Systematic Review of Hormone Treatment for Children with Gender Dysphoria and Recommendations for Research. *Acta Paediatrica (Oslo, Norway: 1992)*. 2023;112(11):2279-2292. doi:<https://doi.org/10.1111/apa.16791>
8. Miroshnychenko A. Puberty blockers for youth experiencing gender dysphoria: a systematic review and meta-analysis. *Arch Dis Child*. Published online 2024. doi:[10.1136/archdischild-2024-327909](https://doi.org/10.1136/archdischild-2024-327909)
9. Balshem H, Helfand M, Schünemann HJ, et al. GRADE guidelines: 3. Rating the Quality of Evidence. *Journal of Clinical Epidemiology*. 2011;64(4):401-406. doi:<https://doi.org/10.1016/j.jclinepi.2010.07.015>

10. Kaltiala R, Heino E, Työläjäarvi M, Suomalainen L. Adolescent development and psychosocial functioning after starting cross-sex hormones for gender dysphoria. *Nordic Journal of Psychiatry*. 2019;74(3):213-219. doi:<https://doi.org/10.1080/08039488.2019.1691260>
11. Brik T, Vrouwenraets LJJ, de Vries MC, Hannema SE. Trajectories of Adolescents Treated with Gonadotropin-Releasing Hormone Analogues for Gender Dysphoria. *Archives of Sexual Behavior*. Published online March 9, 2020. doi:<https://doi.org/10.1007/s10508-020-01660-8>
12. Butler G, Adu-Gyamfi K, Clarkson K, et al. Discharge outcome analysis of 1089 transgender young people referred to paediatric endocrine clinics in England 2008–2021. *Arch Dis Child*. 2022;107(11):1018-1022. doi:[10.1136/archdischild-2022-324302](https://doi.org/10.1136/archdischild-2022-324302)
13. Carmichael P, Butler G, Masic U, et al. Short-term outcomes of pubertal suppression in a selected cohort of 12 to 15 year old young people with persistent gender dysphoria in the UK. Santana GL, ed. *PLOS ONE*. 2021;16(2):e0243894. doi:<https://doi.org/10.1371/journal.pone.0243894>
14. Masson C, Athéa N, Sarah. Puberty suppression for pediatric gender dysphoria and the child's right to an open future. *Arch Sex Behav*. 2024;53. doi:[10.1007/s10508-024-02850-4](https://doi.org/10.1007/s10508-024-02850-4)
15. Cass H. Gender medicine for children and young people is built on shaky foundations: here is how we strengthen services. *BMJ*. Published online April 9, 2024. doi:[10.1136/bmj.q814](https://doi.org/10.1136/bmj.q814)